



MEDIA RELEASE

Thursday 19th April

SHERWOOD'S 150th

Paul Sherwood will play his 150th game for Glenelg Football Club, Saturday 21st April in the Bays first game against West Adelaide at Challenge Recruitment Oval.

Recruited in 1999 from Queensland where he played for Morningside, Paul has played top quality football throughout his career which has spanned almost a decade.

Highlights in Paul Sherwood's career at Glenelg are plentiful. Within the Club, he won the John H Eller's Best and Fairest award in 2001 before following on to win the Best Team Man in 2004 and again in 2006. Paul represented South Australia in 2003 in victorious match against Western Australia in Perth. 2004 he was named in the Advertiser Team of the Year and again in 2005.

Vice Captain of Glenelg for two years in 2004-2005 Paul has continued as a prominent member in the leadership group from 2006-2007. "Paul has natural leadership qualities due to his fierce determination, his care for the behavioural standards of the football club on and off the field and the valuable advice he is able to dispense to his team mates" Senior Coach Mark Mickan remarked.

"He has arguably been the best full back in the SANFL for the past 8 seasons and this alone is enough to hold him in the highest possible regard as a footballer."

Along with Paul's impeccable playing record, Mickan highlighted that it is his ability to engage people in conversation on all levels within the football club has drawn people to him that has given him a special place at Glenelg.

"The lives of younger players, experienced players, support staff, coaches, supporters have been enriched by Paul's affable nature, his humility, his dry sense of humour and his genuine care for other people." Mickan affirmed.

Paul has gained enormous respect from the Glenelg Football Club and the wider football community throughout Australia. Mickan concludes: "I feel that I speak on behalf of football followers everywhere when I wish Paul every success this weekend and for the many games Paul has yet to play for Glenelg."

Paul will play against West Adelaide at Challenge Recruitment Oval in the first Match of the Diadora Cup on Saturday 21st April at 2:15pm. The Club encourages all members and supporters to come and watch the match in honor of Paul's 150 game achievement.

For further information please contact:

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